

## LIST OF PRACTICAL SKILLS

1. Demonstration of the hygienic hand antisepsis, putting on and removing non-sterile disposable gloves.
2. Demonstration of the stages of assessing of the casualty.
3. Counting of the pulse rate on the radial and carotid arteries, counting the number of breaths.
4. Blood pressure measurement.
5. Chest compressions for an adult.
6. Chest compressions for a child over 1 year old.
7. Removing a blocking airway object in adult.
8. Removing a blocking airway object in a child under 1 year old.
9. Applying a soft bandage «Chepec».
10. Applying a soft bandage «Uzdechka».
11. Applying a soft bandage «Glove».
12. Applying a soft bandage «Knight's glove».
13. Applying a soft bandage «Mitten».
14. Applying a soft bandage Dezo in case of damage to the right clavicle.
15. Applying a soft bandage Dezo in case of damage to the left clavicle.
16. Applying a soft spike-shaped bandage to the right shoulder joint.
17. Applying a soft spike-shaped bandage to the left shoulder joint.
18. Applying a soft binocular bandage.
19. Applying an occlusive dressing to the chest.
20. Applying a hemostatic tourniquet type in case of bleeding from the upper third of the right forearm
21. Applying a hemostatic tourniquet from available material tourniquet for bleeding from the upper third of the right forearm
22. Applying a pressure bandage to a bleeding wound in case of bleeding from a wound on the back of the right hand
23. Applying transport splints or splints made of an available hard material for fractures of the bones of the hand Application of a transport splint or a splint made of available hard material for a closed fracture of the middle third of the right forearm
24. Applying transport splints or splints made of an available hard material for fractures of the bones of the hand Application of a transport splint or a splint made from available hard material for a closed fracture of the metacarpal bones of the right hand.
25. Applying transport splints or splints made of an available hard material for fractures of the bones of the foot. Application of a transport splint or a splint made from available hard material for a closed fracture of the metatarsal bones of the right foot.

Approved by  
Session Simulation and Attestation Center

January 23, 2026, protocol No. 7

Head of Simulation and Attestation Center

A handwritten signature in blue ink, consisting of several overlapping, fluid strokes that form a stylized, somewhat abstract shape.

O.A.Teslova