

## THEMATIC PLAN

Section (topic) name	Number of class hours	
	lectures (incl. SSIW)	practical
1. Basic of asepsis and antiseptics. Personal safety in first aid	1,5	2
2. General principles of first aid		2
3. Terminal states. Cardiopulmonary resuscitation	1,5	2
4. First aid for wounds		2
5. First aid for bleeding and blood loss		2
6. First aid for asphyxia	1,5	2
7. First aid for dislocations and fractures		2
8. First aid for head and chest injuries		2
9. First aid for abdominal injuries. Syndrome of prolonged compression		2
10. First aid for traumatic shock, anaphylaxis		2
11. First aid for burns and frostbite	1,5	2
12. First aid for electric shock, lightning strike, heat and sunstroke	1,5	2
13. First aid for poisoning, insect and animal bites		2
14. First aid for disorders of consciousness and convulsions		2
15. First aid for asthma attack, acute heart attack	1,5	2