

APPROVED
AT THE MEETING OF THE DEPARTMENT
OF GENERAL HYGIENE ON AUGUST 28,
2026, PROTOCOL No. 1

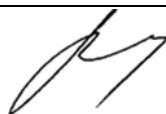
CURRICULUM OF PRACTICAL CLASSES
DISCIPLINE "GENERAL HYGIENE" FOR SECOND-YEAR INTERNATIONAL STUDENTS
OF THE FACULTY OF MEDICINE STUDYING IN ENGLISH, IN THE THIRD TERM OF
THE 2026/2027 ACADEMIC YEAR.

For groups: №6217 en -6224en; 6225en -6229en, 6232en

№	Topic	Number of hours of practical training
The human habitat and its hygienic significance		
1	Human health assessment. (Methods and techniques for assessing human health). Hygienic assessment of the impact of microclimate on human health. Research methods and hygienic assessment of microclimate parameters (temperature, humidity).	2
2	Hygienic assessment of the impact of microclimate on human health. Research methods and hygienic assessment of microclimate parameters (air velocity, atmospheric pressure)	2
3	Hygienic assessment of the impact of microclimate on human health. Hygienic assessment of the complex effects of meteorological factors on the human body.	2
4	Hygienic assessment of the impact of microclimate on human health. Final lesson on the topic "Hygienic characteristics of the human habitat. Physical properties and chemical composition of atmospheric air. Hygienic assessment of the impact of microclimate on human health."	2
5	Hygienic assessment of the impact of accommodation conditions on human health. Research methods and hygienic assessment of natural and artificial lighting in indoor spaces.	2
6	Hygienic assessment of the impact of accommodation conditions on human health. Natural and artificial ventilation, types and their hygienic characteristics. Evaluation of ventilation efficiency.	2
7	Hygienic assessment of the impact of housing conditions on human health. Final class. Test.	2
8	Hygienic assessment of drinking water quality. Research methods and hygienic assessment of physical, organoleptic, and chemical water quality indicators.	2
9	Hygienic assessment of drinking water quality. Methods for improving water quality.	2
Hygienic requirements for the conditions of accommodation of patients and workers in healthcare organizations.		

№	Topic	Number of hours of practical training
10	Healthcare Organizations and Their Role in Public Healthcare. A Hygienic Assessment of Healthcare Organization Layouts (Based on the Example of a Healthcare Organization's Master Plan)	2
11	Healthcare organizations and their role in providing medical care to the population. Hygienic assessment of the internal layout of a healthcare facility. Hygienic requirements for the design and equipment of the ward section of a healthcare department.	2
12	Sanitary and hygienic requirements for food service areas and buffets in medical departments of healthcare organizations	2
13	Hygienic requirements for microclimate, lighting and ventilation of premises in healthcare organizations: operating rooms, wards, clinical laboratories, hospital pharmacies, utility rooms, diagnostic rooms.	2
14	Hygienic Requirements for Patient and Worker Accommodation in Healthcare Facilities. Final class.	2
Sanitary and anti-epidemic measures in healthcare organizations		
15	Hygienic requirements for personal hygiene of healthcare workers and patients.	2
16	Hygienic requirements for medical waste management in healthcare facilities. Final class.	2
TOTAL hours		32

Head of the Department of General Hygiene



N.L. Batsukova